



## Rotary Club of Sedona

District 5490, Club #1230

PO Box 2170

Sedona, Arizona 86339

[www.sedonarotary.org](http://www.sedonarotary.org)

### ***Service Above Self***

October 16<sup>th</sup> Meeting

**Bill Welter, Misconceptions in Money Management**

### **Upcoming Meetings:**

October 16,	11:00 AM, Board Meeting
October 23,	Garcy Anderson, Freedom of Information
October 30,	Bert Harclerode, Chamber Music Sedona

Visit the New Updated Club Website: [www.sedonarotary.org](http://www.sedonarotary.org).

All areas, except member information is available to all.

For User ID, and password to Member access: call 282-1421

## ***Christmas Cards***

***On Sale: Limited Quantity: Buy now while they last***

***10 per packet, includes envelope.***

***\$6.00 each***

***4 or more, \$5.00 each***



***All Proceeds for Charity***

***Sample on display at Rotary meeting***

Scene by Marilyn Erickson, Sedona

<http://www.nepalindiablog.blogspot.com/>

Dave Keeber's trip: Part of first page follows: Log on and discover.

## Trekking in Nepal and India - A First Timer's Adventure

A journal of my trip to Nepal and India, start to finish!

### About Me

David Keeber

At 56 years of age, there are lots to say about my life, but suffice it to say that I am happily married with three great children (blended family) and enjoying my home, my work and my life.

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**Wednesday, October 3, 2007**

### [News from Namche](#)

Today is a layover day in Namche, located at about 12,000'. The climb up to Namche was very tough and took much of yesterday. Today is to acclimatize. Yesterday, as we trekked from Phakding up to here, we went through little "towns" more appropriately called hutments, but each with teahouses and lodges to accommodate the trekking tourists. There are lots of folks from all over and you hear languages from around the world. We traveled along Dudh Kosi, or Milk River, a snow melt river that churns and roars to be heard far, far above the riverbed. Namche is a lovely town with well kept, painted homes built of hand-hewn stone.

Today, walking up to the Saragamatha National Park Museum, we were able to catch a glimpse of Mt. Everest, Lohtse, Ama Dablam and other peaks. They are beyond belief for their height and indescribable for their beauty. Tomorrow, we move further along to Tengboche, site of a monastery. Not much elevation gain to get there, but we